

Chronically Awesome

PROVIDING YOU SUPPORT ON TWITTER, FACEBOOK, GOOGLE+, TUMBLR, AND MORE.



#ChronicallyAwesome, Born Online

The Chronically Awesome Foundation was born online to serve those who choose to swap illness for awesome.

Using social media allows The Chronically Awesome Foundation to reach thousands of Chronically Awesome patients and their families daily. We are able to provide support, education, and awareness. Using the technology of the Internet we provide peer video support groups and podcasts. Our social media campaigns are designed to lift up the chronically ill and remind us all that we are awesome.

1

SUPPORT

Without siloing illnesses we use social media to support the Chronically Awesome

2

EDUCATION

Reaching out and guiding newly diagnosed, families, and those with questions about chronic illness.

3

AWARENESS

#ChronicallyAwesome is an awareness tool creating awareness for chronic illness.



ON FACEBOOK AND @CHRONICALLYAFND SUPPORT FOR THOSE WITH ANY CHRONIC ILLNESS.



OUR DEPRESSION AND @OURDEPRESSION IS A SPECIAL PLACE FOR MENTAL HEALTH SUPPORT AND AWARENESS.



MANAGING BIPOLAR IS A SPECIAL COMMUNITY FOR BIPOLAR PATIENTS.

Support At Your Fingertips

Facebook or Twitter, Google or Tumblr, TalkShoe or Instagram: We Are Here!

Each of our Facebook pages hosts an equally if not more lively Twitter account of the same name. We are also fortunate enough to have two additional Twitter communities.

Each evening our best Twitter stories from all of our communities and all of the blogs of the day are shared in two Twitter Newspapers.



Facebook.com/ChronicallyAwesome	Facebook.com/ExpressionsInChronicallyAwesomeArt
Facebook.com/OurDepression	facebook.com/UnderstandingTheAffordableCareAct
Facebook.com/ManagingBipolar	Facebook.com/ChronicChronicles
Facebook.com/ChronicallyMindful	facebook.com/ChronicallyAwesomeBloggers
facebook.com/ParentingChronicallyAwesomeKids	@TheCarePartner @ChronicCruiser

“It brings hope and offers support to so many that suffer from invisible conditions, especially when the people in their lives lack the ability to understand what the reality actually is.”

PRIVATE PEER-TO-PEER SUPPORT

The chat rooms on our Chronically Awesome and Our Depression Facebook pages are always open for community support. If you want to set-up a chat with a member of the Chronically Awesome team just email contact@chronicallyawesome.org.

It is important to remember that this is PEER support, but sometimes we are just looking for a friend that understands what we are going through.

If you are in crises please call 911 or the National Suicide Hotline at 800.273.8255

